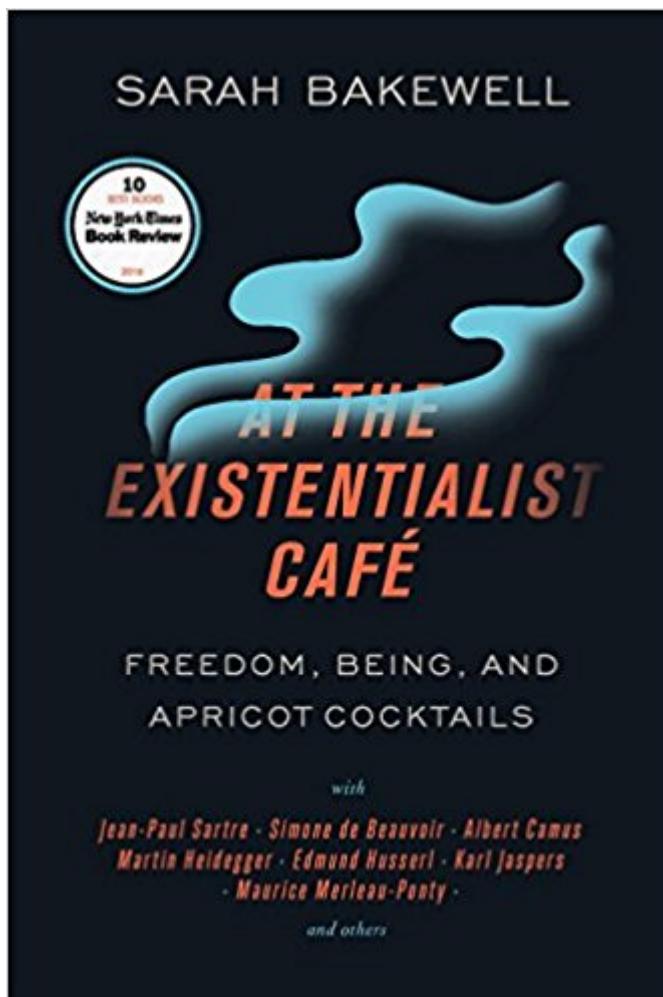


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# At The Existentialist CafÃ©: Freedom, Being, And Apricot Cocktails With Jean-Paul Sartre, Simone De Beauvoir, Albert Camus, Martin Heidegger, Maurice Merleau-Ponty And Others





## Synopsis

Named one of the Ten Best Books of 2016 by the New York Times, a spirited account of a major intellectual movement of the twentieth century and the revolutionary thinkers who came to shape it, by the best-selling author of *How to Live* Sarah Bakewell. Paris, 1933: three contemporaries meet over apricot cocktails at the *Bec-de-Gaz* bar on the rue Montparnasse. They are the young Jean-Paul Sartre, Simone de Beauvoir, and longtime friend Raymond Aron, a fellow philosopher who raves to them about a new conceptual framework from Berlin called Phenomenology. "You see," he says, "if you are a phenomenologist you can talk about this cocktail and make philosophy out of it!" It was this simple phrase that would ignite a movement, inspiring Sartre to integrate Phenomenology into his own French, humanistic sensibility, thereby creating an entirely new philosophical approach inspired by themes of radical freedom, authentic being, and political activism. This movement would sweep through the jazz clubs and cafÃ©s of the Left Bank before making its way across the world as Existentialism. Featuring not only philosophers, but also playwrights, anthropologists, convicts, and revolutionaries, *At the Existentialist CafÃ©* follows the existentialists' story, from the first rebellious spark through the Second World War, to its role in postwar liberation movements such as anti-colonialism, feminism, and gay rights. Interweaving biography and philosophy, it is the epic account of passionate encounters--fights, love affairs, mentorships, rebellions, and long partnerships--and a vital investigation into what the existentialists have to offer us today, at a moment when we are once again confronting the major questions of freedom, global responsibility, and human authenticity in a fractious and technology-driven world.

## Book Information

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## Customer Reviews

â œThe apricot cocktails in her subtitle and her sometimes breezy toneâ " â ^I like to imagine them in a big, busy cafÃ© of the mind, probably a Parisian oneâ " seem to promise an undemanding,Â gossip romp. Instead, [Bakewell] judges and explains the ways in which each writer responded to the moral and political crises of the 1930s and after, and her book asks demanding questions about the ways in which people think about themselves and their relations with others. She shapes her answers in the form of biographical narratives, because her central theme is that the large impersonal ideas pursued by much modern philosophy are less profound and illuminating than the varied and conflicting truths found in stories of individual lives. Those stories, in this book, include impressively lucid descriptions of what these thinkers thought and what they said in their writings and cafÃ© arguments. Bakewell is often annoyed but never defeated by Heideggerâ "s obscurity, and some of her most exciting pages are the engaged, unsimplifying accounts she offers of complex philosophies, even ones that finally repel herâ |One of many persuasive surprises in Bakewellâ "s book is her suggestion that Heideggerâ "s prose sometimes resembles Gertrude Steinâ "s in its deliberate linguistic strangeness, a resemblance that goes deeper than styleâ |An unspoken theme of Bakewellâ "s book is the variety of ways in which academic philosophy can be distorted by power relations. Some of her characters, notably Merleau-Ponty, were immune to the temptations that came with the status of European professorship. Others, like Husserl and Heidegger, demanded obeisanceâ | Bakewell has a special affection for philosophers who stayed free of the academy, especially Sartre and Beauvoirâ |Sarah Bakewellâ "s previous book was an engaging biography of Montaigne that was also a subtle exposition of Montaigneâ "s writings. Its audacious title wasÂ How to Live,Â and her new book deserves to be read as a further study in the same enlivening theme.â •--The New York Times Book Reviewâ œAt the Existentialist CafÃ© is a bracingly fresh look at once-antiquated ideas and the milieu in which they flourished. Ms. Bakewellâ "s approach is enticing and unusual: She is not an omniscient author acting as critic, biographer or tour guide. This book is full of winning small details. Some may find the description of Camus as â ^a simple, cheerful soul,â " as surprising as Sartreâ "s apparently charming Donald Duck imitationâ | â ^When reading Sartre on freedom, Beauvoir on the subtle mechanisms of oppression, Kierkegaard on anxiety, Camus on rebellion, Heidegger on technology or Merleau-Ponty on cognitive science,â " Ms. Bakewell writes, â ^one sometimes feels one is reading the latest news.â " Janet Maslin, The New York Timesâ œMs. Bakewellâ "s jaunty, colloquial style very successfully brought the ideas ofÂ Michel de MontaigneÂ to a wide and general audience in her best-selling How to Live. The existentialists and

their subtle differences from the phenomenologists in the context of World War II and its aftermath are a much greater challenge, which she meets with equal elan." "The Wall Street Journal" This lively history of the existentialist movement makes a strong, if sometimes disorienting, case for the inextricability of philosophy and biography, embedding dense concepts such as "being," "nothingness," and "bad faith" in the colorful lives and milieus of those who debated them. Though the book is in many ways a group study, dotted with cameo appearances by Albert Camus, Simone de Beauvoir, Maurice Merleau-Ponty, and others, it focusses on Heidegger and Sartre. Heidegger appears as oracular, hermetic, and Nazi-tainted; Sartre as intellectually promiscuous and Soviet-sympathizing. Their divergent characters and checkered reputations lend credence to Bakewell's view that "ideas are interesting, but people are vastly more so." "The New Yorker" "Brisk and perceptive" | A fresh, invigorating look into complex minds and a unique time and place. "Kirkus Reviews" (starred review) "Bakewell" brilliantly explains 20th-century existentialism through the extraordinary careers of the philosophers who devoted their lives and work to 'the task of responsible alertness' and 'questions of human identity, purpose, and freedom.' Through vivid characterizations and a clear distillation of dense philosophical concepts, Bakewell embeds the story of existentialism in the 'story of a whole European century,' dramatizing its central debates of authenticity, rebellion, freedom, and responsibility." "Publishers Weekly" (starred review) "Bakewell follows her celebrated study of Montaigne with a lively appraisal of existentialism and its leading thinkers" | With coverage of friendship, travel, argument, tragedy, drugs, Paris, and, of course, lots of sex, Bakewell's biographical approach pays off | The result is an engaging story about a group of passionate thinkers, and a reminder of their continued relevance. "Booklist" (starred review) "Sweeping and dazzlingly rich...This wonderfully readable account of one of the 20th century's major intellectual movements offers a cornucopia of biographical detail and insights that show its relevance for our own time." "BookPage" "Tremendous...rigorous and clarifying...Highly recommended for anyone who thinks." "Library Journal" (starred review) "In her instructive and entertaining study of these thinkers and their hangers-on, Sarah Bakewell credits the existentialist movement, broadly defined, with providing inspiration to feminism, gay rights, anti-racism, anti-colonialism and other radical causes. A few cocktails can, it seems, lead to unexpected things." "The Economist" "At the Existentialist Cafe: Freedom, Being, and Apricot Cocktails may come dressed in a seductive title, but Sarah Bakewell's book about the people and ideas behind the existentialist movement is both breezy and brainy. Bakewell demonstrated her ability to plumb big ideas for real-life relevance in *How to Live*, her 2010

biography of Michel de Montaigneâ |She brings the same lively intelligence to her latest work. Here Bakewell traces a fascinating sort of philosophical relay of ever-mutating concepts â ” perception, being, authenticity, responsibility â ” against a backdrop of political upheavals. Her book explores the roots of existentialism and its impact in the 20th century in much the way Carl Schorskeâ ™s Pulitzer Prize-winning *Fin de SiÃ“cle Vienna* explored the birth of modern art and culture in late-19th-century Viennaâ | [and] lucidly breaks down dense philosophical texts while avoiding the pitfalls of over-simplificationâ | At the Existentialist Cafe is most riveting in its report of the World War II years. During the occupation, existentialists â ” who believed above all in freedom and responsibility â ” were engaged and committed to the Resistance in their actions and their literatureâ | Among a panoply of riches, Bakewell offers fascinating anecdotes, including the heroics involved in saving Husserlâ ™s papers during the war. Her chronicle of many lives cut short reveals an astonishing number of fatal heart attacks among existentialists â ” including Boris Vian, Richard Wright, Merleau-Ponty and Arendt â ” leaving readers to wonder if philosophy isnâ ™t a heartbreakingly enterprise after all. Bakewell surely doesnâ ™t think so. â ^Even when existentialists reached too far, wrote too much, revised too little, made grandiose claims, or otherwise disgraced themselves, it must be said that they remained in touch with the density of life, and that they asked the important questions. Give me that any day,â ™ she declares in this rousing call to robust intellectual engagement.â •â œThese days, the word 'existentialism' brings to mind black turtlenecks, French cigarettes, and a distinctly European sense of despair. But as Sarah Bakewell describes them in this vivid, vital group biography, existentialists like Jean Paul Sartre, Simone de Beauvoir, and Albert Camus were courageous free thinkers in an age of fascism, totalitarianism, and conformity.â •â ”The Boston Globeâ œA vivid and warmly engaging intellectual history.â •â ”The Los Angeles Times Â œBakewell has made weighty, complex philosophical ideas feel exhilarating â ” for that she should be praised, and read.â •â ”The San Francisco Chronicleâ œAlthough biography provides the narrative momentum ofÂ At the Existentialist CafÃ©, much of the meat comes from the philosophyâ |Bakewell has a knack for crystallising key ideas by identifying choice original quotations and combining them with her own wordsâ |Perhaps the aphorism that best captures the book is one of Bakewellâ ™s own: 'Thinking should be generous and have a good appetite.' Her hunger is infectious.â •â ”Financial Timesâ œ[At the Existentialist CafÃ©] offers fascinating insights into the cultural impact of existentialism on the English-speaking worldâ |Existentialism, in all its incarnations, is really about making choices. How to live? How to be free? How to be an 'authentic' human being? In her summing-up, Bakewell makes the case that these questions remain as important today as they ever were.â •â ”The Guardian

(US)â œBakewell writes with a sunny disposition and light touchâ |She combines confident handling of difficult philosophical concepts with a highly enjoyable writing style. I canâ ™t think of a better introduction to modern intellectual history.â •â "Newsday â œBakewellâ ™sÂ How to Live [was] a remarkably erudite and accessible study of the life of Montaigneâ |At first skeptical, I was soon warmed over by the authorâ ™s preternaturally smooth style.Â At the Existentialist CafÃ©Â does precisely the same for Jean-Paul Sartre, Simone de Beauvoir, Albert Camus, and Martin Heidegger.â •â "Flavorwireâ œThis tender, incisive and fair account of the existentialists ends with their successive deaths, leaving me with the same sense of nostalgia and loss as one feels after reading a great epic novel.â •â "The Telegraphâ œ[At] the Existentialist CafÃ© is packed with out-of-the-way knowledge and has a cast of weird characters such as only a gathering of philosophers could supply. It is written with affection. Even the horrible Heidegger is seen as human in his absurdity.â •â "The Sunday Timesâ œ[Engaging and wide-ranging.â •â "Prospect Magazineâ œ[At the Existentialist CafÃ© is] a wonderfully readable combination of biography, philosophy, history, cultural analysis and personal reflection.â •â "The Independentâ œAt the Existentialist Cafe will prove to be one of the best books on philosophy you will read this year.â •â "The Wichita Eagleâ œ[An] invigorating book.â •â "Tablet "Irresistible."Â â "Buffalo News" Donâ ™t let the breezy title put you off.Â At the Existentialist CafÃ©, Sarah Bakewellâ ™s group portrait of Husserl, Heidegger, Sartre, Beauvoir, and the other 'Continental' philosophers who flourished before and after World War II, isÂ a work of deep intelligence and sympathy, reminding us how exciting those thinkers can be. And itâ ™s a page-turner. I was so sorry to finish the last chapter that I almostâ "almostâ "ran over to the Strand to see what they had by Merleau-Ponty."â "Lorin Stein,Â Paris Review Dailyâ œAt the Existentialist CafÃ©: Freedom, Being, and Apricot CocktailsÂ combines the exhilaration of initial discovery with the more considered evaluations of a mature thinker. The result is a warm and challenging work of intellectual history that retains something of existentialismâ ™s glamor without ever sacrificing its vigorous interrogation. It also re-centers existentialism as a viable method of philosophically engaging with contemporaneity. Even if the context has shifted slightly, the question it asks remains just as relevant now as in the post-war years: what shall we make of a shattered world?â •â "The Brooklyn Rail" It's not often that you miss your bus stop because you're so engrossed in reading a book about existentialism, but I did exactly that while immersed in Sarah Bakewell'sÂ At the Existentialist CafÃ©. The story of Sartre, Beauvoir, Camus, HeideggerÂ et alÂ is strange, fun and compelling reading. If it doesn't win awards, I will eat my proof copy."â "Katy Guest,Â The Independent on Sunday --This text refers to the Hardcover edition.

Sarah Bakewell was a bookseller and a curator of early printed books at the Wellcome Library before publishing her highly acclaimed biographies *The Smart*, *The English Dane*, and the best-selling *How to Live: A Life of Montaigne*, which won the National Book Critics Circle Award for Biography. In addition to writing, she now teaches in the Masters of Studies in Creative Writing at Kellogg College, University of Oxford.

In the opening scene of *At the Existentialist CafÃ©*, philosopher Raymond Aron says to his friend Jean-Paul Sartre, “If you are a phenomenologist you can talk about this cocktail and make philosophy out of it.” After reading this book, I say, “If you are Sarah Bakewell, you can take existentialism and make sense out of it.” The existentialist themes of freedom, political activism, and “authentic being” became watchwords of the middle and late 20th century. When I first encountered existential writing, I was simultaneously entranced, repelled, and confused. (Bakewell tells us that even Beauvoir said that when she and Sartre tried to read Heidegger’s lecture “What is Metaphysics?” they could not understand a word of it.) Not only did the existentialists not always agree with each other, sometimes they did not even agree with themselves. National Book Critics Circle Award winner Bakewell’s clear writing and carefully researched portrayal of the context in which existentialism developed gave me a much better understanding of this school of thought that both influenced and reflected most of the last century. In addition to a providing a lucid discussion of the various expressions of existential philosophy, Bakewell really brings to life the thinkers behind it. Names like Husserl, Heidegger, Beauvoir and lesser known figures in their milieu became real people. One of my favorite chapters introduced me to the dancing philosopher Merleau-Ponty, whose personality was as engaging as his thinking. Unlike Beauvoir and Sartre, journalists did not quiz him about his sex life---which is a shame, as they would have dug up some interesting stories. Photos throughout the book were a nice complement to the narrative. My favorite, which is on the last page of the book, shows Sartre and Beauvoir together laughing and obviously enjoying life, a stark contrast to the angst usually associated with the existentialists. The existentialists’ lives spanned almost the entire twentieth century: World War I, the Great Depression, World War II, and the Cold War with its threat of nuclear attack. They were profoundly affected by what was happening around them and to them. Bakewell does an excellent job of showing how, as Merleau-Ponty put it, both their lives and ideas were “contingent”---at the mercy of historical events and other changes they could not

control. It was heart-wrenching to envision Edmund Husserl fleeing the German persecution of the Jews while his former friend and student served as a leading apologist for the Nazis. In the final chapter, Bakewell lets the reader in on some of her own feelings about existentialism and the existentialist figures, from her original fascination thirty years ago to how her feelings shifted in the course of writing the book. It was an excellent summation that gave me more insight into the author as well as the philosophy and people she writes about. I'm not sure whether to call *At the Existentialist Cafeteria* biography, history, or philosophy. What I will definitely call it is worth your time. This book could be a contender for another major award.

It is well known that technology has reached the point where we are often better known by the almighty computer than we know ourselves. Although my Vine queue sometimes mystifies me (WHY as a 76-year-old woman whose youngest grandchild is in high school am I continuously being offered baby products?), it turns out that Sarah Bakewell's *At the Existentialist Cafeteria* is a tremendous gift to my reading experience. It didn't take me long to realize why I was offered this book, despite my previous total lack of involvement with any formal study of philosophy. I recently purchased several books relating to Edith Stein, the Jewish existential philosopher and student of Husserl, who converted to Catholicism; became a nun; was martyred at Auschwitz; and recently canonized. Indeed, Bakewell's book, much to my delight, more or less begins with a discussion of the phenomenological approach to philosophy of Husserl, and cites Stein's dissertation on Empathy, which is one of the books I purchased. In any event, Bakewell's book is a magnificently crafted narrative that really defies any narrow classification. Yes, it deals with modern philosophical trends such as Phenomenology, Existentialism and Transcendentalism going all the way back to Kierkegaard and Nietzsche. In addition, it is a historical description of the circumstances surrounding the development of philosophy and its interaction with the political scene before, during and after the rise of Nazism and WWII. Furthermore, it is a series of wonderfully insightful biographical vignettes of the major authors of that era, with special focus on Sartre and Beauvoir. A book with this scope could turn out to be deadly dull, incredibly complex, or hopelessly academic. It is none of these things. It almost reads like a novel, and smoothly interweaves both factual and analytical material, bringing the various individuals who are highlighted to vivid life. There are excellent illustrations, scattered throughout the text. Although they are not captioned in the uncorrected proof copy provided for review, they fit so well with the narrative that it is easy to see how they connect. Again due to the uncorrected proof format, the extensive notes provided at the end are not annotated in the text,

which made it easy for me as a non-scholarly reader to simply read through with ease, but with confidence that if I wanted to check any sources, that information IS available. Finally, Bakewell provided a multi-page Âœcast of characters which gave thumbnail bio data on everyone mentioned in the book, which I consider extremely valuable. I consider myself both blessed, and extremely enlightened; this book is a treasure.

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